

Dear Participants,

With only one weeks remaining until AHC 2023, we would like to extend our heartfelt appreciation and warm greetings for your participation in the upcoming event.

Preparations are in full swing to ensure that AHC 2023 becomes a memorable and enriching experience for all attendees. This congress promises to be a platform for insightful discussions, networking opportunities, and the exchange of research and ideas.

1) Programs

There will be a wide range of presentation topics. The detailed presentation schedule is available at https://ahc2023.org/proglam_at_a_glance.html

The PDF Abstract Book will be posted on the website approximately one week before the AHC2023. As there are numerous presentations scheduled, we encourage you to review the program on the website in advance.

If you are an oral or poster presenter, kindly remember to:

- upload your oral presentation PowerPoint files,
- bring the physically printed posters and upload the poster PDF to the virtual poster venue, respectively.

2) Name Tags

The Name Tags will be sent to the pre-registered participants via email as a PDF approximately one week before AHC2023. Please print and present it at the reception desk in Hongo on the day of the congress. At the reception desk, we will scan the barcode printed on the Name Tag for check-in.

The Name Tag PDF is in A4 size, so please fold it into quarters and place it in the name tag holder provided at the reception. Please wear your Name Tag at all times through AHC2023, as it will serve as your identification.

3) Tokyo Climates

Although August is considered autumn in the Japanese calendar, it will still be quite hot, so we recommend preparing for the heat. Typically, the maximum temperature reaches around 32–35° C, and the minimum temperature stays at approximately 25–28° C. Due to high humidity, it may feel even hotter than the actual temperature.

To prevent heat illness, you may obtain useful information from

<https://www.wbgt.env.go.jp/en/>

We recommend that you carry a water bottle and hydrate frequently. You can check the weather information at <https://www.data.jma.go.jp/gmd/cpd/twoweek/en/?fuk=44>

This site provides information on typhoons and earthquakes as well.

Please rest assured that we are taking all necessary precautions and safety measures to ensure a safe and enjoyable event for everyone. We will keep you informed of any updates that may affect the congress. Should you have any questions or need further assistance, feel free to reach out to the AHC 2023 Secretariat (ahc2023@jtbc.com.co.jp).

Thank you once again for your commitment to joining us at this international conference. We look forward to all of you and experiencing heartfelt connections and excellent academic presentations. See you soon

Warm regards,

Saneyuki Kawabata

The chair of AHC 2023 Executive Committee